

# Winter Misogi 2010

What: Winter Misogi

When: Saturday, January 9th @ 9:00AM

Where: Clayton Beach

Bring:

Warm Clothes

Water

Hiking Boots

Boken (If you have one. We'll bring extras)

We will meet at the dojo and drive to Clayton Beach. There will be a short hike down to the water where we will find a space and begin the misogi.

Any questions?

Ask an instructor

Call 360-223-9281

Email [info@kulshanaikikai.org](mailto:info@kulshanaikikai.org)

