

Aikido Kids

Kyu Testing Requirements

<u>Rank</u>	<u>Hours</u>	<u>Techniques</u>
10 th - 9 th Kyu	24	Seiza, Zarei, Ritsurei, Hanmi Fune Kogi, Tenkan Zempo Kaiten Ukemi, Koho Kaiten Ukemi
8 th Kyu	24*	All previous techniques PLUS: Shiho Undo, Happo Undo, Shikko Shomen uchi, Yokomen uchi Munetsuki, Katate tori
7 th Kyu	30*	All previous techniques PLUS: Shomen uchi Ikkyo (omote & ura) Shomen uchi Irimi nage Kokyu Dosa
6 th Kyu	30*	All previous techniques PLUS: Munetsuki Kotegaeshi Shomen uchi Kotegaeshi
5 th Kyu	40*	All previous techniques PLUS: Katate tori Kokyu nage Katate tori Kaiten nage Katate tori Shiho nage (omote & ura) Ryote tori Tenchi nage (omote & ura) Shomen uchi Ikkyo (Suwari waza)
4 th Kyu	40*	All previous techniques PLUS: Yokomen uchi Irimi nage Yokomen uchi Shiho nage (omote & ura) Yokomen uchi Kotegaeshi
3 rd Kyu	60*	All previous techniques PLUS: Ryote tori Shiho nage (omote & ura) Ryote tori Kokyu nage (omote & ura) Ryote tori Ikkyo (omote & ura) Ushiro ryote tori Irimi nage Ushiro ryote tori Kotegaeshi Shomen uchi Irimi nage (Suwari waza)

2 nd Kyu	60*	All previous techniques PLUS: Ushiro ryote tori Shiho nage (omote & ura) Ushiro ryote tori Kokyo nage Munetsuki Kotegaeshi (Suwari waza)
1 st Kyu	80*	All previous techniques PLUS: Shomen uchi – 3 Techniques Yokomen uchi – 3 Techniques Katate tori – 3 Techniques Ushiro ryote tori – 3 Techniques Shomen uchi – 2 Techniques (Suwari waza)

* Indicates HOURS required after attaining previous kyu rank.

A written test may be given for children at 4th grade and above.

Requirements for Promotion

The examination is structured on the students demonstration of the proper Aikido spirit, knowledge and physical proficiency. Students shall be graded on the following criteria:

- o Cooperation and conduct throughout the examination with the judging staff, partners and all other participants.
- o The ability to follow directions appropriately.
- o Demonstration of enthusiasm, concentration and awareness throughout the examination.
- o The ability to adapt movement with your partners.
- o Demonstration of continuously performing both right and left sides until called to stop.

Kyu Rank Promotion Procedure

Your name shall be posted when you are eligible for promotion prior to the examination date.

You shall check the proper spelling of your name and current rank.

You shall fulfill all required hours of training prior to the examination date.

Your monthly dues shall be made current prior to the examination date.

Your examination fees shall be submitted prior to the examination date.

Belt Rank Order

Black – Shodan and above

Brown – 1st-3rd Kyu

Purple – 4th Kyu

Blue – 5th Kyu

Green – 6th Kyu

Orange – 7th Kyu

Yellow- 8th Jyu

White – 9th-10th Kyu